



# SEESHARP

524 S 2nd Street Philadelphia, PA 19147  
(215)372-0147 - info@seesharpeyecare.com

## Intense Pulsed Light (IPL) Information

### Contraindications for treatment

- Pregnant or nursing
- Patients with active skin infections or history of skin cancer
- Patients undergoing radiation or chemotherapy within **8 weeks** or in the past **12 months**
- Use of medications sensitive to light within the past **3 months**
  - Ex. doxycycline, tetracycline, isotretinoin, St. John's Wart

### Pre-Treatment Checklist

- Avoid sun exposure **3 weeks** prior to IPL. If you have tanned skin, treatment will be delayed for de-tanning until no tan lines exist. This **includes** spray or sunless tanner.
- Discontinue facial cleansers with exfoliants and/or harsh ingredients like benzoyl peroxide, salicylic acid, glycolic acid, topical retinoids (retinol, tretinoin), etc. **3 days** before IPL
- Arrive without makeup applied or be prepared to remove makeup fully prior to treatment

### After Care

- Apply SPF 30+ immediately after treatment
- Continue with daily SPF 30+ to the treated area for at least **1 month**
- Avoid direct sun exposure and tanning for at least **48 hours** after IPL
- Makeup application is okay following treatment unless otherwise indicated
- Avoid harsh facial cleansers, as mentioned above, for **3 days** after IPL
  - Use a gentle soap based cleanser and pat dry. Avoid harshly cleaning, scrubbing, scratching, or picking of the treated area. You may use moisturizer such as Aloe Vera, Aquaphor, or anti-burn cream or gel

|   | Treatment Schedule Protocol  | Price                                 |
|---|--|---------------------------------------|
| Optilight IPL Dry Eye Treatment                                     | 4 treatments spaced 2-4 weeks apart followed by maintenance treatments 1-2x per year | <b>\$400 Per Treatment</b>            |
| Single Lesion<br><small>(chalazion, pigmentation, vascular)</small> | Condition specific. Generally 2-4 treatments or more until resolved                  |                                       |
| Facial Rejuvenation   | Full Face IPL spaced 4 weeks apart. Maintenance as needed                            | <b>\$100 Additional Per Treatment</b> |